There will be a selection of fresh fruit, healthy snacks & herbal teas, for our break.

Osteopathic treatments will be of 40 minutes duration.

When you sign up, please choose a time, for your treatment.

Times will be offered, on a first come, first served basis:

14.00 - 14.40

14.50 - 15.30

15.40 - 16.20

16.30 - 17.10

17.20 - 18.00

18.10 - 18.50

Please send us a confirmation email, before your payment, to make sure, the course is not already fully booked!

Email:

kontakt@flowpeople.dk / Mobile: +45 20670150

Payments made to Spar Nord Bank:

IBAN NUMBER:

DK8592771910430544

SWIFT ADRESS: SPNODK22

Registration number: 9277 Bank Account: 1910430544

You have signed up for this day, when we have received your payment.

Refunds will not be available, after the 10'th of March.



Christian Toft is a licensed psychologist. He works daily with groups using evidence-based, Mindfulness-based Stress Reduction (MBSR) and Mindfulness-based Cognitive Therapy (MBKT) at the Department of Social Medicine, in Århus, Denmark.



Anne Sophie N. Christensen is an authorised osteopath, with 11 years of experience. She works on a daily basis, in Klinik for Manuel Behandling, based in the heart of Århus.

We look very much forward, to practice together with you!